

Reducing Access to Lethal Means



Nevada Coalition for Suicide Prevention

Overview

Overview Reduce Access to Lethal Means

Suicide Statistics

Reaching out to the community

Why we need to include Gun Shops and Shooting Ranges

From a Gun Shop/Shooting Range Managers Point of View

Difficulties in getting gun community involved

Why we need a Reducing Prescription and Street Drug Access Program

Reducing Access to High Places

Access to Lethal Means

- 2012 Suicide Proofing your home, to start addressing the issue, NCSP, NOSP and Center to Prevent Youth Violence (CPYV)
- February 2013 and the next 7 months, Preparations to launch the initiative. \$9K from Child Death Review Team for materials
- Lock it up, 11 commandments, posters and DVD
- 2014 to present going to Gun Shows, Gun Shops and Shooting Ranges

Suicide Statistics

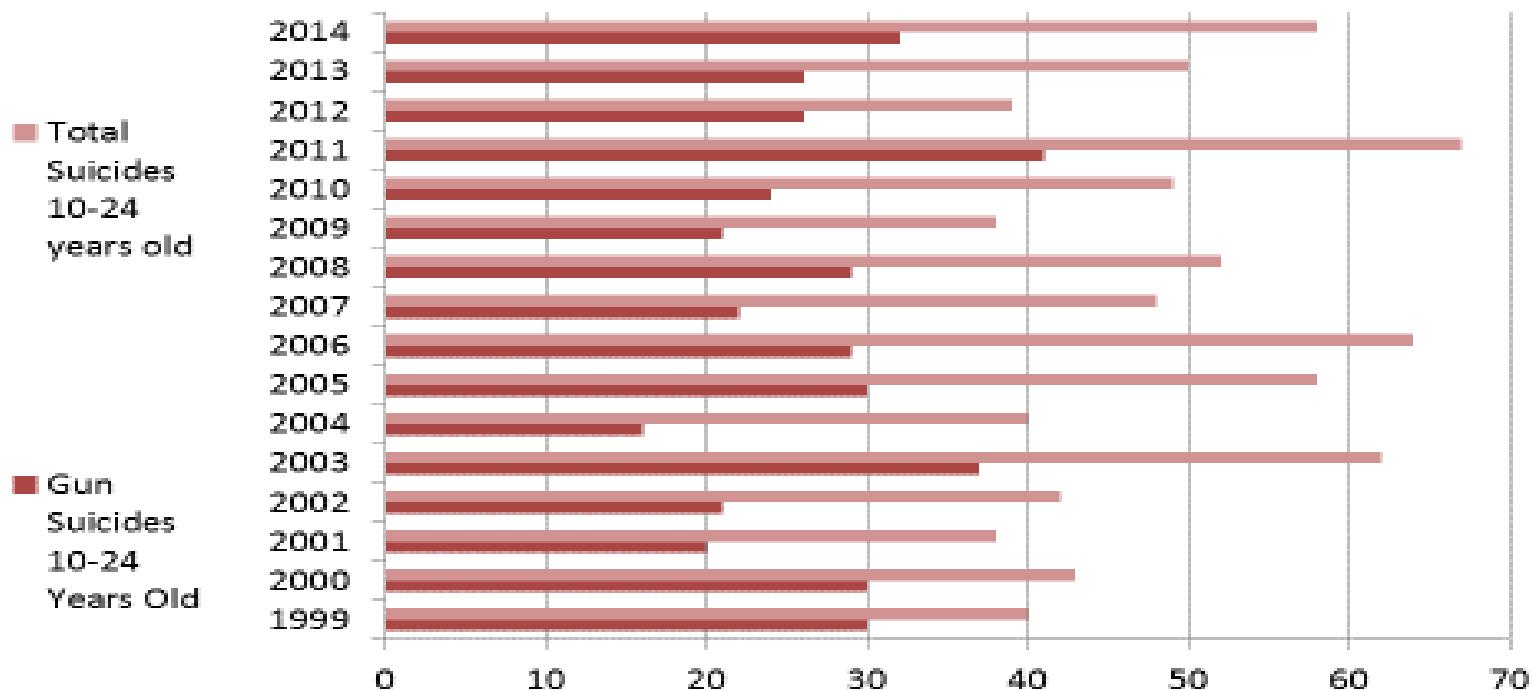
United States

- Over 42,773 deaths
- Firearms used in over 51% of suicides
- 78% of nations suicides are males
- Medications/Poisoning is the #1 most attempted method
- Jumping from High Places is the 2nd most lethal

Nevada

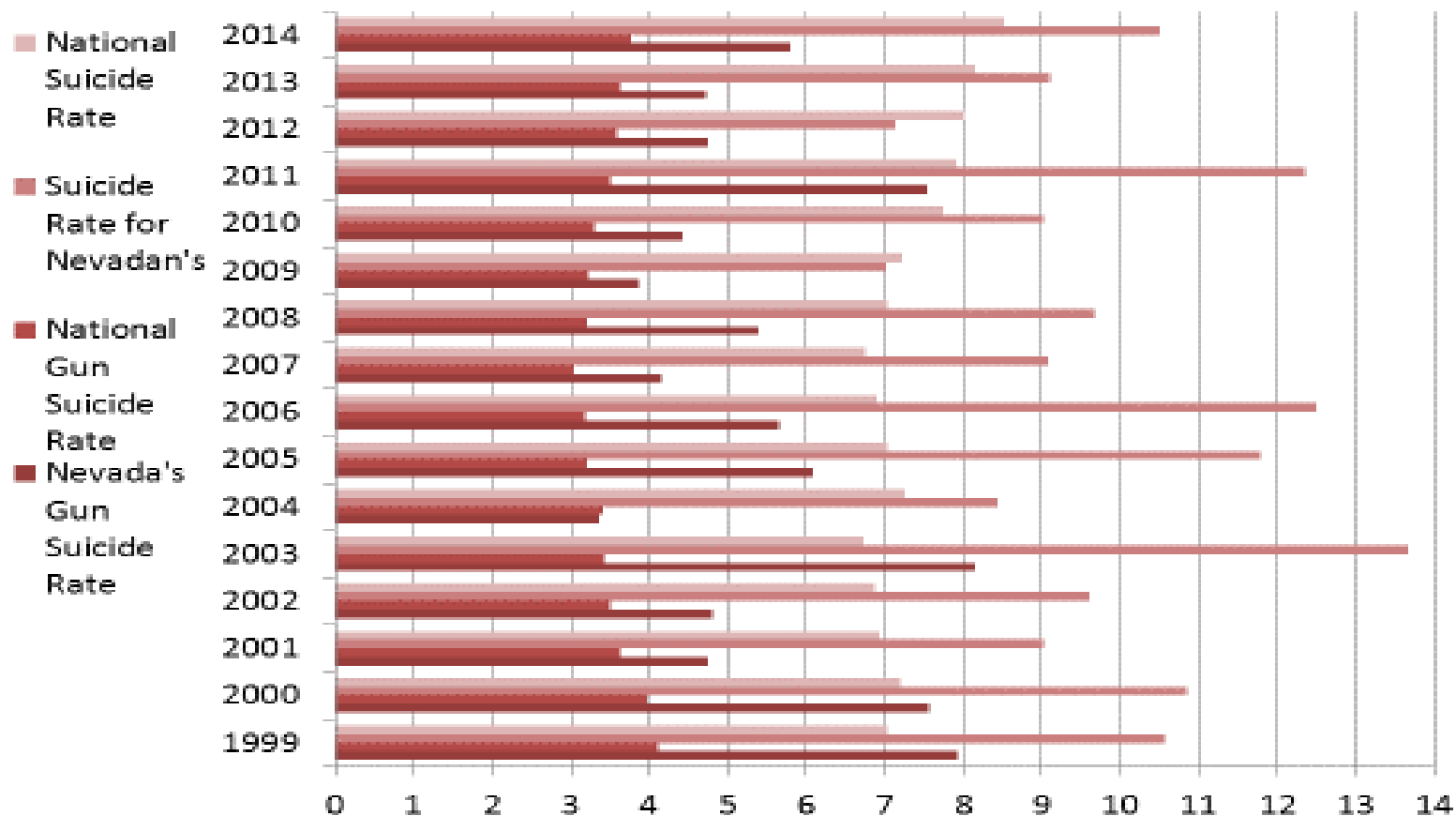
- 6th highest rate
- 54% of Suicides are completed with a firearm
- 3.58 times more homicides suicides than homicides.
- Jumping from High Places is the 2nd choice for out of state Clark County Visitors

Number of Gun Suicide Deaths for Nevadans 10-24 years old



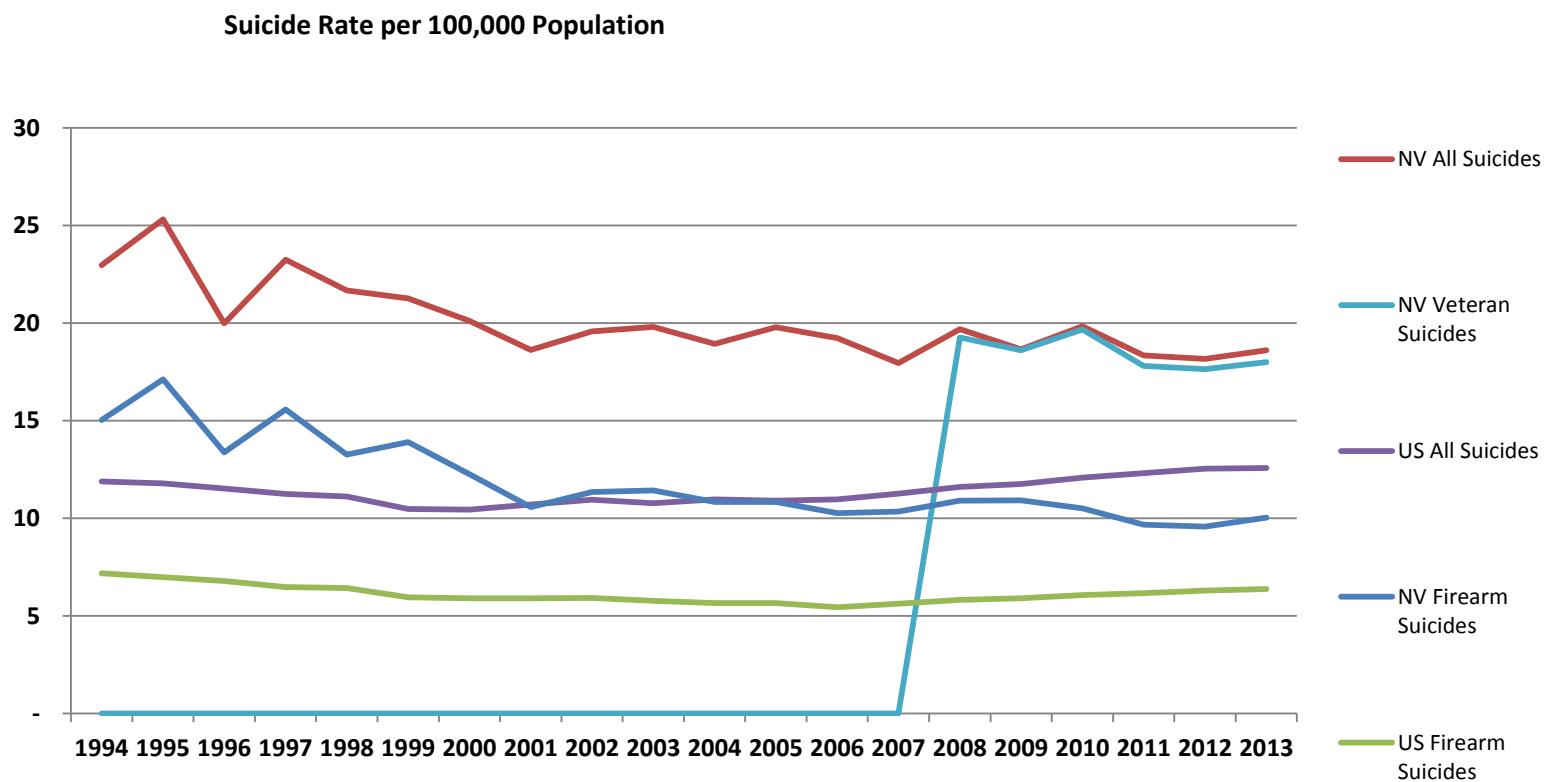
Source: CDC WISQARS: 2014 Final Data

Suicide Deaths rates for Nevadans 10-24 years old



Source: CDC WISQARS: 2014 Final Data

Overall Suicide Rates



Source: CDC WISQARS: 2013 Final Data, 2013 State Data

Reaching out to the public

- 18 Gun Show Attended across the State of Nevada
- 3 Major Gun Show promoters have allowed us in at no cost
- Over 5600 community members contacted directly from these out reach efforts

Why we need these efforts

- Why gun range employees need suicide prevention training
- Training for employees
- Start of the Gun Garage and State Office of Suicide Prevention relationship
- Gun Shops and shooting ranges need to maintain employees ability to recognize when a patron may be in a suicide crisis
- How the training can enhance the safety of facility employees

Get Involved

- How suicide prevention training can provide assistance to save employee lives
- How difficult it is to get everyone on board with the training



Clark County
Office of the Coroner/Medical Examiner

In Clark County,

An average of over 4 different substances/compounds were discovered in individuals of Rx-related death.

The most common used prescription medications are oxycodone/oxymorphone, methadone, and morphine.

700% increase of accidental Rx/Etoh-related deaths in the past 15 years regarding individuals 55+.

William O. Gazza, J.D., M.F.S., D-ABMDI
Coroner Investigative Forensic Supervisor

Statistics

Deaths to date: 10350 Deaths

Last year (2014):

Total Clark County: 15,534

Reported to CCOCME: 12,502

Breakdown Homicide: 174

Suicide: 421

Accident: 1054 *(incl. 215 traffic-related)*

Undetermined: 52

During the past 5 years,

48.8% Firearms by suicide versus 65.3% via homicide

Drug Related Deaths

- 83% accidental
- 17% suicide

Rx

- **Opioids analgesics** (*Oxycodone, Hydrocodone, Fentanyl, Methadone, Morphine, Oxymorphone, Dihydrocodine, Hydrocodol*)
- **Benzodiazepines** (*Alprazolam, Diazepam, Nordiazepam, Temazepam*)

Illicit

- Methamphetamine/Amphetamine
 - Heroin
 - Cocaine
-

Access to High Places

- Even the original design of the Golden Gate Bridge had a 5.5' railing which was difficult to grab ahold of
- The final structure was built less in height
- Within weeks the bridge witnessed its first suicide, in 18 months there were 11 and the California Highway Patrol began to express concern
- By 1962 there was a suicide every other week, and that has been the average ever since and most current are at 3 per month
- The bridge received an upgrade to help deter jumpers, hopefully it helps to decrease the suicide rate for the California Bay Area

Rick Egan, Access to High Places



Source: <http://www.bridgerail.org/>

Access to High Places

- During the past 5 years, 3.7% suicides were "Jump from Height"
- 57.5% (avg. 9 per year) from hotel property/garages (so far in 2015 - 10 deaths)
- 8.0% from freeway overpasses (so far in 2015 - 4)
- 13.7% (10) from Mike O'Callaghan–Pat Tillman Memorial Bridge (*Opened 10/2010*)

How to Help

9-1-1

In an acute crisis, call **9-1-1**.
Do not leave the individual alone.

1-800-273-TALK (8255)

National Suicide Prevention Lifeline
www.suicidepreventionlifeline.org

Suicide Prevention Resources

American Foundation for Suicide Prevention (AFSP)

www.afsp.org

American Association of Suicidology (AAS)

www.suicidology.org

Suicide Prevention Resource Center (SPRC)

www.sprc.org

Nevada State Suicide Prevention web site

www.suicideprevention.nv.gov

Nevada Coalition for Suicide Prevention

<https://www.nvsuicideprevention.org/>

Surviving Suicide (survivor support) web site

www.survivingsuicide.com

Office of Suicide Prevention Training Opportunities

- **Resource Introduction (15 – 60 minutes)**
- **Suicide Prevention Training:**
 - **Nevada Gatekeeper for Specialized Training Environments**
 - **Nevada Gatekeeper Train the Trainer for FSAs (4 hours)**
 - **Signs of Suicide (SOS) for Middle and High School Students/Staff**
 - **suicideTALK, (Suicide Awareness) 1.5 hours**
 - **safeTALK: (Suicide Alertness) 3.5 hours**
 - **Youth Mental Health First Aid 8 Hours**
 - **Adding Adult mental health First Aid 8 Hours**
 - **ASIST: (Applied Suicide Intervention Skills Training)**
Two day workshop

Office of Suicide Prevention

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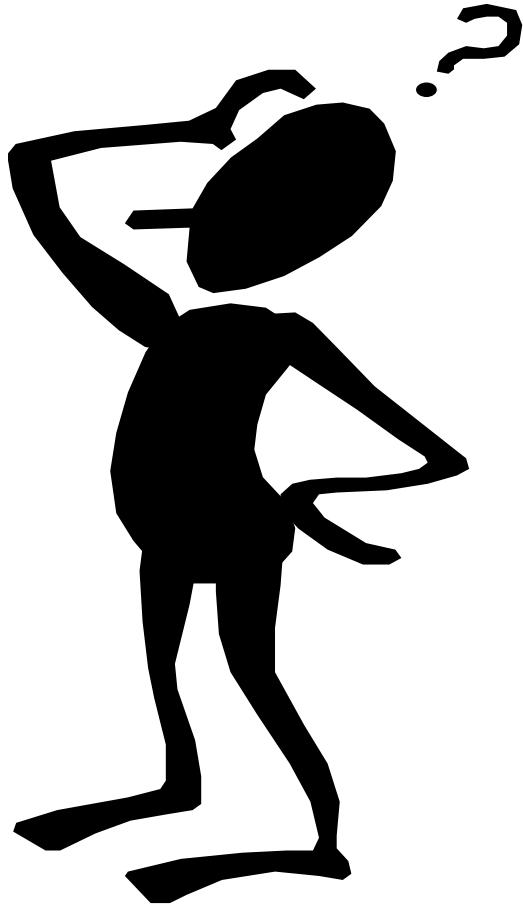
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**Questions?
Comments?**