Introductions

Jessica Flood – regional behavioral health coord (get powerpoint)

* Regional level health care concerns
* Churchill county may join coalition
* Lyon county trying to develop multi-disciplinary team
* Jail diversion important program
* FASTT (Forensic Assessment Service Triage Team) meet with prisoners, try to get them connected with in-jail programs, and after-jail programs
* Regional Mental Health Court is now operational
* Stepping Up Initiative – education on jail diversion

Tom Durante – NNAMHS

* Washoe outreach services Dini Townsend hospital -
* 30 bed with staffing
* Rapid stabilization unit (10 beds) – initial review of patient, 5 day avg length of stay, start with community meeting – explain legal process, may ask questions
* Acute unit – 20 beds of hospital used for stabilization and develop treatment plan (10 acute, 10 intermediate). Offers two treatment team with multi-disciplinary team includes pharmacist to explain medications, using Acceptance and Commitment Therapy
* Various units meet needs of client
* Medication management is a focus
* There is a wait list for all mental health care facilities – try to keep beds at Dini Townsend for people with no other options, trying to reduce wait list from high of 30 to low of 6 (want no wait list)
* Must adequately screen patients to make sure they fit – may explain wait list
* Trying to get license musical and pet therapy support on unit – will start soon
* Discharge planning huge component – how to offer safe transition to community. What do community providers offer for client? Develop good relationships with providers in community.
* Considered teaching hospital – UNR residents work directly with attending physicians
* Philip Moreno new medical director
* Hosting NAMI family-to-family series. Opening facilities to other organizations as it is available.
* Visitors for clients are encouraged.
* Medical records is electronic format.
* Have on staff a full time nutritionist
* OUTPATIENT (introduce Alan Mandel, director outpatient services and clinical director for most counties other than Clark at NNAMHS)
  + All services are centralized
  + Peak of 4000 outpatient cases, currently about 2800 (goal under 2000)
  + CARS - Counselor assessment referral services – hook people into community
  + Looking to fill gaps in community – try to serve those with special team for the most needy clients
  + Outpatient medication clinic, MOST program, PACT teams, forensic mental health team, wait list for PACT team is approx. 5 or 6
  + Medication clinic offer “bridge” meds but new appts are 1-2 weeks out
  + Try to standardize consistency through all outpatient programs in the region
  + All services are voluntary but may offer court-ordered assistance outpatient program
  + Residential program – NNAMHS and rurals, serving about 500 people. 2 grants pay for programs for those who need housing. Use some of these dollars for other support services if they meet criteria from NNAMHS
  + NNAMHS doesn’t serve children – for those turning 18, get referrals and help them 6 months in advance of turning 18 to get into CARS program to transition into program

Deputy Shawn Marston – Crossroads

* 5 years ago began
* Partnered with Catholic charities
* Take from detox or jail to Crossroads
* Program get
* 150 beds available, 100 people on wait list with no recruitment
* 24 beds for mental health court
* Cost is $19 per day per client
* Mental health clients also work with NNAMHS for structure – pay $240 per month in rent or work on point system to pay rent
* Moving towards more individualized program
* Judge Pierson is main judge for program
* Get sex trafficking women in program as well as substance abuse and mental health
* Want to increase or double program – hitting snags. Looking for another building to increase capacity. Want to use 24/7 program used in South Dakota.
* 130 current beds
* Very successful on drug and alcohol tests.
* Recovery wellness center – want to create day program to offer wrap-around services
* Want to get to 700-800 clients with Wellness Program – now about 100
* 2 softball teams, basketball team and football teams made up of clients
* Employment program - Learn to Earn program – three week class resume writing, interviewing, etc.
* Employment training program begins in February for those with no skills
* Community collaboration is important part of program
* May partner with WestCare for new program

Updates from the Jail Lt. Mark Bello, Sherriff’s office

* Strategic plan – goal is to reduce mental health population by 6/16
* Not fully staffed for mental health at jail
* Increased housing for mental health inmates due to increase population
* How long to see Psychiatrist once in unit – within a day or so to see Clinical social worker or nurse, from there to possible referral to psychiatrist.
* Ask inmate to identify what medications inmate is on at intake or soon after. Get medication if available or get prescription to local pharmacy if not available onsite

NEXT AGENDA

* February 9 next meeting
* Next month’s agenda: Attempt to get the Town Hall Meeting to be held at the NNBHC meeting. The discussion at the Town Hall Meeting will be about Medicaid.
* No additional agenda items at this time.